## <<家庭医学>>

### 图书基本信息

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### 内容概要

本书为美国医师执照考试的复习系列丛书之一,由北京首都医科大学专家翻译。 全书采用精练、简明的语言,以图文结合的形式系统介绍了家庭医学的内容。 非常适合有志于参加或欲了解美国医师执照考试的中国医学生和医生参考使用,也可供广大医药院校 师生学习专业英语参考。

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#### 章节摘录

插图: 14. The answer is d. (American Academy of Family Physicians, 2008.) Determining which screening tests are appropriate for a patient is difficult, and requires individual judgment based on the clinical situation. The American Academy of Family Physicians has developed clinical preventive services charts based on age alone in low-risk adults, and rank the screen as "strongly recommend," "recommend," and "healthy behavior." Strongly recommended screens are supported by good quality evidence and demonstrate substantial net benefit for the patient. It is strongly recommended that men are screened for lipid disorders at age 35, even in the absence of other risk factors. Screening would occur earlier in the presence of diabetes, a family history of heart disease by age 50, or with other risk factors.15. The answer is a. (American Academy of Family Physicians, 2008.) The US Preventive Services Task Force has found that CT scanning, chest x-ray, and sputum cytology can detect lung cancer at an earlier stage than no screening at all, but also found no evidence that any screening strategy actually improves mortality. Therefore, no screening is recommended for this patient. 16. The answer is e. (American Academy of Family Physicians, 2008.) Of the interventions listed above, only prescribing folic acid has been shown to be beneficial prior to pregnancy. It will decrease the chance of neural tube defects in the baby. The other interventions should be done early in the pregnancy to ensure good pregnancy outcome.

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