

## <<人性的优点>>

### 图书基本信息

书名：<<人性的优点>>

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### 内容概要

《卡耐基（英文原版）》由卡耐基创作的英文原版图书，在提高英文阅读能力的时候亦能让你对人性的优点有所了解，发挥自己的优势，使自己立于不败之处！使你妥善解决遇到的一些事情。

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作者简介

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书籍目录

Sixteen Ways in Which This Book Will Help You Preface How This Book Was Written-and Why Part One  
Fundamental Facts You Should Know about Worry 1 Live in "Day-tight Compartments" 2 A Magic Formula for  
Solving Worry Situations 3 What Worry May Do to Your Part Two Basic Techniques in Analysing Worry 4 How  
to Analyse and Solve Worry Problems 5 How to Eliminate Fifty Per Cent of Your Business Worries Part Three  
How to Break the Worry habit Before It Breaks You 6 How to Crowd Worry out of Your Mind 7 Don't Let The  
Beetles Get You Down 8 A Law That Will Outlaw Many of Your Worries 9 Co-operate with the Inevitable 10 Put  
a "Stop-Loss" Order on Your Worries 11 Don't Try to Saw Sawdust Part Four Seven Ways to Cultivate A Mental  
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You 17 If You Have a Lemon, Make a Lemonade 18 How to Cure Melancholy in Fourteen Days Part Five The  
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Conquered Worry"-32 True Stories

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### 编辑推荐

美国《时代周刊》说他：“除了自由女神，卡耐基或许就是美国的象征。

”肯尼迪总统评价他：“卡耐基留给我们的不仅仅是几本书和一所学校，其真正的价值是：他把个人成功的技巧传授给了每一个想成功的年轻人。

”如果我们想使自己的生活变得更美好，那么这本书可能就是我们能遇到的最有帮助的书！

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