

<<大学英语综合教程 1>>

图书基本信息

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## 前言

《大学英语综合教程》是一套供普通高等学校使用的英语教材，由多年奋斗在教学一线、熟知高校英语教学规律的教师共同编写完成。

本套教程认真研究和总结了同类教材的优势和不足，摒弃了实用性不大、操作性不强的内容。在此基础上，又充分考虑到高校学生的英语基础、学习态度、学习习惯及接受能力等因素，形成了这套独具特色、科学实用的《大学英语综合教程》。

《大学英语综合教程》共三册，本书为第一册。

本册共有10个单元。

每单元包括“说（Open Your Mouth）、听（Cheer up Your Ears）、读（Brighten Your Eyes）、写（Loose Your Hands）和趣味小版块（Relax Your Mind）”五部分。

Section One Open Your Mouth包括两个紧扣交际主题的对话范例，紧跟其后的是仿真交际练习，即按设定范例进行模仿表演、按设定情景自编对话以及“前呼”如何“后应”等方面的练习。该部分生动的语言和生活化的情景让学生有话可说，交流的欲望和兴趣大大提高。

Section Two Cheer up Your Ears根据学生的实际水平设置了由易到难、循序渐进的听力练习内容：包括词汇辨音、问句答语选择、对话理解及复合式听写，等等。题型灵活实用，容量适中；精心挑选的听力内容紧扣单元交际话题，在训练听力的同时又增长了知识，开阔了视野。

Section Three Brighten Your Eyes两篇短文是本教程的基本阅读材料。

文章语言真实规范、题材新颖，内容涉及现代生活的方方面面，融知识性和趣味性于一体。

习题部分包括了根据课文内容设置的阅读理解题、语法词汇题和英汉互译几个模块。

其特点是紧扣短文设计练习题目，教师可根据实际课时安排课堂练习，亦可布置为课后作业。

Section Four Loose Your Hands包括“语法”及“应用写作”两部分。

“语法”以“够用”为原则，针对高校学生语法掌握薄弱这一具体情况，着重强化基本规律，再辅以特例进行教学。

文字表达深入浅出、通俗易懂。

“应用写作”则省略了烦琐枯燥的语言表述，取而代之的是容易模仿、易于记忆的标准写作示例。

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### 内容概要

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各单元内容紧扣同一交际主题展开，强调听、说、读、写、译技能的综合培养。

注重课堂活动的目的性和可操作性，增强学生的语言应用能力。

注重题材的真实性、科学性、时效性、多样性和趣味性，从深层次激发学生的学习热情和兴趣。

各环节设计科学、实际，难度和内容与高校学生的英语水平高度契合。

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## 章节摘录

A healthy body is necessary for a healthy mind. As is known , to have a sound mind , we must first have a sound body. This is of vital importance. Only by keeping ourselves healthy and strong can we feel energetic and vigorous in studying and working and live a happy life. To keep ourselves fit , physical exercise is the best way. In taking part in out-door sports , we are closer to nature and can take in fresh air. The beauty of nature will keep us clear-headed , which is essential to our health. Besides , sports stimulate the circulation of blood and help to excrete the wastes in the body. Sports can also work up our appetite and activate our digestion. As a result , we can become strong-bodied. I always take an active part in physical exercise and enjoy good health. I seldom get sick but feel vigorous even if I work a whole day. I shall keep up doing physical exercise so as to live longer and do more for the country. A healthy body is the prerequisite for a healthy mind. As we know , the physical health is of great importance to our sound mind. Without it , the health of our minds is just like a castle in the air. Only with a healthy and strong body can we live. As far as I am concerned , it's very important for us to do sports. Doing sports can keep us healthy and strong. So we should do sports every day. Of course , studying is important now , but health is more important. If people don't have healthy bodies to work , they won't work well either. Doing sports can make us very fit , and we'll be very happy. Let's do sports together from now on , all of us will be very healthy and happy that way.

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