

<<高中英语阅读与测试>>

图书基本信息

书名：<<高中英语阅读与测试>>

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## 前言

在历史跨入新世纪的今天，经济全球化进程日益加速，其影响已深入到全社会各个方面。作为世界性语言的英语已成为国际间沟通、交流必不可少的工具。

随着我国经济的快速持续发展，综合国力不断增强，我国各领域各个层面涉外活动日益频繁。在这种形势下，全国范围内的“外语热”便悄然兴起。

尤其是英语教育，如今已受到举国上下从未有过的重视。

对于广大青年学生来说，这无疑是绝好的客观环境。

通过良好的学校教育，近二十年来，已经涌现了一批又一批学有成就的优秀外语人才。

不过，就在学青年而论，在英语学习过程中，长期存在这样或那样困难，或学习上事倍功半的问题却不在少数。

例如，不少勤奋青年废寝忘食地死记硬背大量单词释义，过于迷信商业运作介入后的某些所谓的英语速成法，造成了不少学习上的误区，以致不少学生误以为只要精读课本，熟记大量生词，不断扩大词汇量，便可精通英语，运用自如。

殊不知，忽视英语泛读，不保持精读、泛读的适当比例并持之以恒，英语学习效果必然大打折扣。

其实，历来英语教学大纲均有明确规定：中学英语教学目的是对学生进行听说读写的综合训练，培养他们在口头上和书面文字上运用英语的基本能力，其中十分侧重培养阅读能力。

现行大纲也着重指出，提高学生英语阅读能力，单纯通过课文教学是不易达到的，必须指导学生在课外阅读相当数量的原文读物，而绝不是突击记忆大量单词能够毕其功于一役的。

这充分表明，英语精读与泛读是相辅相成、不可偏废的，而且要保持适当的阅读量比例，并持之以恒。

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### 内容概要

现行大纲着重指出，提高学生英语阅读能力，单纯通过课文教学是不易达到的，必须指导学生在课外阅读相当数量的原文读物，而绝不是突击记忆大量单词能够毕其功于一役的。这充分表明，英语精读与泛读是相辅相成、不可偏废的，而且要保持适当的阅读量比例，并持之以恒。

## 作者简介

陈渊，中国科普作家协会、上海翻译家协会、上海外文学会、美国奥尼尔学会会员，上海科普作家协会译委副主任。

上海外国语大学副教授，曾受聘任国家教委优秀学术专著评审委员会审读组成员，上海市优秀科普作品奖评奖专家委员会委员。

因突出贡献，曾由国家教委、国家新闻出版署，上海市人民政府和上海外国语大学授予荣誉证书、高等学校教材编辑特等奖和立大功奖励证书等。

主要著作有：主编上海市紧缺人才培训工程证书教程中的《中级英语教程》和中小学英语精读、泛读和听力系列教材，以及《新编英语词汇用法手册》、《英语造句词典》、《英语必考词五用详解词典》等。译述作品有《尤金·奥尼尔传》、《医生之家》、《茫茫黑夜》和世界第一部科幻小说《弗兰肯斯坦》，以及《世界科幻小说精品丛书（三十卷）》等。

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## 章节摘录

Passion for the Internet in computer-zealous Singapore is posing amounting problem of addiction, with the most avid users ignoring studies or work, scrimping on sleep and opting for the lures of cyberspace instead of family and friends. Psychiatrists say they are seeing more cases of youths showing behavioral problems from obsessive net surfing, pornographic binges and relay chats, but many parents are unaware of excessive usage until the arrival of whopping telephone bills. Singapore is the Asia-Pacific's most wired economy with 47.4 per cent of households connected to the internet, according to Netvalue, a U.S.-based Internet measurement firm. Users in the city-state also top the region in using chat rooms. With the Internet offering a wide variety of content and the government encouraging its greater use as a key tool for a "knowledge-based" society, experts acknowledge the pitfalls of addiction are not immediately obvious to users or parents. Many automatically assume long stretches at the computer are related to homework in the highly-competitive educational system. Surveys reveal the bulk of parents are most concerned about their children accessing pornographic or hate material, followed by fears their offspring will reveal personal information online. A famous psychiatrist at the Institute of Mental Health (IMH) noted that Internet addiction is significantly under-reported, particularly by the young. For him, these people tend to be more resilient and can stay up all night and still function the next day. Professionals or addicts with families can see the effects clearly because it affects their work or family life. Educators warn those who surf sex sites obsessively risk losing touch with reality. As a result, their performance at school or at work deteriorates. For those who wonder if they are at the addiction stage, the IMH says a user is likely hooked if others complain about the amount of time spent online. Doctors at private hospitals also report seeing more young patients over the last three years for conditions resulting from obsessive surfing behavior, access to pornography and meeting the wrong people. A study by a European research firm found that 33 per cent of 783,000 active Internet users in Singapore visit adult sites, with those between 15 and 24 years of age constituting 61 per cent of the total. Cyber authorities even in tightly regulated Singapore acknowledge it is not possible for them to totally shield the young from offensive material and stress the need for family guidance instead. Parents are encouraged to become better trained in computer usage and use the tools and services to help them manage their children's use. But strict parental control can backfire by leading to resentment, said Lionel Lim, a psychiatrist who advocates teaching young people the right values from the start so they can exercise their own discretion. Groups from the U.S. and U.K. have conducted online safety training and awareness programmes for parents, underscoring the need for international cooperation. The success of treatment for Internet addiction depends heavily on individual motivation, psychiatrists maintain, noting the behavior is often a symptom and the root cause needs identifying. Cutting access to pornographic sites and chat rooms and even total abstinence for a period are options. But acknowledging the addiction is the first step.

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