

<<心灵鸡汤>>

图书基本信息

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## 前言

successful businessman traveled to India to spend a month working in one of Mother Teresa's shelters. He longed to meet the tiny nun, but Mother Teresa was traveling, and it wasn't until the day before his departure that he received an audience. When he was finally in her presence, much to his surprise, he burst into tears. All the times when he'd been self-centered, busy or focused on his own gain flashed before his eyes, and he felt an enormous sadness that he had missed so many opportunities in his life to give of himself and his resources. Without a word, Mother Teresa walked over to where he was seated, put her hands on his shoulders and looked deeply into his eyes. "Don't you know," she said, "that God knows you are doing the best that you can." Work is an integral part of our lives, filled with a wide variety of experiences. In writing this book, we received stories from teachers and engineers, carpenters and accountants, artists, managers, housekeepers, chiropractors—and workers from many other professions. Reading these stories, we have been deeply touched by the enormous heart, soul and spirit that people express through their work. Day after day, we all get up every morning, in many cases deal with a busy family, then go to work to spend 8, 10, even 12 hours making our contribution. This is commitment in action.

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### 内容概要

每个人的人生道路不可能都是一帆风顺的，都会有困惑彷徨、失意痛苦的时候。说得更直接一点儿就是，从我们每个人出生的那一天开始，就注定了要背负起经历各种困难折磨的命运。

每当我们困惑、失意的时候，心灵就要承受着巨大的压力与打击。

本书系“心灵鸡汤”之《关于工作》，书中收录了一些清新隽永的小故事，这些故事经典耐读，流传广泛。

当你心烦意乱、困惑彷徨的时候，请打开这本书，相信你会得到最及时的指点、最细心的呵护。

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作者简介

作者：（美国）坎费尔德（Jack Canfield） Mark Victor Hansen Maida Rogerson 等 合著者：王金 等

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## 章节摘录

插图：But eventually my uniqueness worked to my advantage. The doctors and nurses remembered me. And I reversed the negative halo effect by doing the job better than other people. Along with pharmaceuticals, I sold them Girl Scout cookies and helped the nurses with their makeup. They began to look forward to my coming, not just for the novelty, but because we enjoyed such heartwarming visits. Within two years, I'd broken numerous sales records and was recognized as a Distinguished Sales Representative, formerly an all-white male club. I was looking forward to some hard-earned commission checks when suddenly, the company decided to subdivide the region and hired a handsome blond man to take my place. He would enjoy the fruits of my labor, while I was reassigned to another area that needed a lot of work. At this point, my dream of that cosmetics career with Revlon seemed a million miles away. Discouraged and disenchanted, I picked up and moved to Los Angeles. Then one Sunday, as I searched longingly through the ads in the Los Angeles Times, there it was: a classified ad for a regional manager job with Revlon. I lit up completely and dove for the phone first thing Monday morning. The voice at the other end said that due to overwhelming response, Revlon was taking no more ~sum~s. I was devastated. But then a dear friend said to me, "Marilyn, I know you aren't going to let this job slip through your fingers. Go on down there anyway." Suddenly inspired and determined to turn the challenge into an adventure, I drove down to the Marriott where they were conducting interviews. When I arrived, a desk clerk curtly informed me that there was no way I could get an interview, nor would Mr. Rick English take my resume. I walked away, smiling. At least I now had the name of the man I needed to see.

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## 媒体关注与评论

它不仅仅是心灵的鸡汤，在我看来，对于青年人来说，它甚至不亚于一场色香味俱全的人生盛宴：并非是饕餮的口腹之乐，而是滋补你精神饥渴的佳肴与美酿。

让你畅饮人生!畅饮知识!畅饮爱心与大爱之情!如今为了一次演讲，我在江南的霏霏梅雨中吟读它，蓦然回想起昔日在纽约洛克菲勒广场旋旗扬升的早晨，那一抹金晖中，我走出曼哈顿一家书店时，无意中向橱窗一瞥：曾经看到过它多彩的封面。

同行的美国教授对我说：“您可能不会看那本小书，不过它的确不错。

”我后悔当初没有返回那家书店找到这本书，希望大家不要犯我当年的错误。

——北京大学东方文学研究中心特聘教授 方江文 现代人的生活节奏快，压力大，普通百姓又没有时间去读大部头的书籍，《心灵鸡汤》可以给你一份温情，让你在酷暑感到凉爽，在寒冬享受温暖，在春天播下爱的种子，在秋天收获勤奋的果实。

我爱《心灵鸡汤》，像爱厨房里新端出的一盘青菜，餐桌上新烧出的一盆老豆腐。

愿把《心灵鸡汤》奉献给你的家庭，换来孩子的健康成长，老人的欢声笑语。

——南开大学教授 王宏印 《心灵鸡汤》弘扬“真善美”，以“醒心”为己任。

书中叙述的一段段人生经历能感动你，催你潸然泪下，因为那些事就发生在你身边，与你息息相关... 失恋的人读之能重振对生活的信心，遭受病痛之苦的人读之似服灵丹妙药，孤独的人读之如沐“关怀”的春雨，丧失亲人者读之会感受到来自四面八方的慰藉.....它是一扇窗户，让你了解世界：它是一座桥梁，连接你我他.....

——苏州大学外国语学院教授 方华文 《心灵鸡汤》之所以能拨动人的心弦，是因为书中的话语全来自灵魂深处，是“肺腑之言”!人与人之间的隔阂与冷漠必须靠这种“真情”打破和消除——如此，人世间便会温情涌动、冰山消融.....读了书中动人的故事，凡是有良知的人，其内心不可能不受到触动——《心灵鸡汤》之功大矣!

——商务印书馆《英语世界》主编 魏令查

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### 编辑推荐

《心灵鸡汤:关于工作(英文珍藏版)》：独家引进,全球畅销亿万册。

《纽约时报》畅销书NO.1。

多次荣获“全国优秀畅销书”称号国家九部联合举办的“中华全民读书书目推荐活动”入选图书。



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