

<<吃相上海>>

图书基本信息

书名：<<吃相上海>>

13位ISBN编号：9787532265831

10位ISBN编号：7532265838

出版时间：2010-2

出版时间：上海人美

作者：崔静

页数：109

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内容概要

Shanghai cuisine has attracted the world's attention in recent years, as has the city's rapid growth and development. This book contains recipes for twenty typical Shanghai dishes in five categories: vegetarian, seafood, meat, soup, and snacks. In a departure from typical cookbooks, this book also provides for each dish its traditions and classical allusions, its nutritional value, and its ideal cooking method. The book's photographs showcase the artistic beauty of each dish. In addition, the book includes the names and maps of several well-known Shanghai restaurants which serve each dish as its specialty. By reading this book, you will not only learn how to cook each dish, but you will also learn about the food culture of Shanghai. Therefore, this book is both a practical and a classical overview of Shanghai cuisine for all who celebrate Shanghai's food culture.

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书籍目录

Vegetarian Dishes
Very Typical Shanghai Cuisine:
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Arhat Vegetarian Dish
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Shanghai Granny's Family Treasure:
Wonton with Shepherd's Purse and Minced Pork Filling

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章节摘录

插图：

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编辑推荐

《吃相上海(英文版)》由上海人民美术出版社出版。

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