

<<英语睡前5分钟>>

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### 内容概要

这本《生活的智慧(附光盘)》由张佳佳主编，是一本可以细细品味的中英对照的唯美读物，您可以大声诵读，也可以慢慢品味，细细琢磨。

《生活的智慧(附光盘)》精选了80篇精美文章，每篇文章都具有深刻的教育意义和生活意义，让您在阅读的同时品味世间真情，感人肺腑，撩动心弦。

不仅如此，透过这一篇篇的美文，您还能掌握生活的智慧，找准前进的方向。

希望本书能伴您一起成长。

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作者简介

方振宇，北京振宇英语工作室执行总监、“振宇英语”系列丛书总主编。

曾任《中国旅游》(国家级)记者、外事翻译、广西电台“空中英语”节目主持人、“振宇英语”专栏撰稿人。

曾在多所大学给英语专业学生授课，有丰富、专业的多语种考试辅导经验。

曾赴多国进行文化教育交流，并在各类报刊杂志上发表文章超过100万字、用英语编、著、译各类著作近二十部。

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## 章节摘录

A good companion is better than a fortune , for a fortune cannot purchase those elements of character which make companionship a blessing. The best companion is one who is wiser and better than ourselves , for we are inspired by his wisdom and virtue to nobler deeds. Greater wisdom and goodness than we possess lifts us higher mentally and morally. It is true that we cannot always choose all of our companions. Some are thrust upon us by business and the social relations of life. We do not choose the , we do not enjoy them , and yet we have to associate with them more or less. The experience is not altogether without compensation. If there be principle enough in us to bear the strain. Still , in the man , choice of companions can be made , and must be made. It is not best or necessary for a young person to associate with "Tome , Dick and Henry" without forethought or purpose. Some fixed rules about the company he or she keeps should be observed. The subject should be uppermost in the thoughts , and canvassed often. Companionship is education , good or bad ; it develops manhood or womanhood , high or low , it lifts the soul upward or drags it downward ; it ministers to virtue or vice. There is no half way work about its influence. If it ennobles , it does it grandly. If it demoralizes , it does it devilishly , it saves or destroys lustily. Nothing in the world is surer than this. Sow virtue , and the harvest will be virtue. Sow vice , and the harvest will be vice. Good companions help us to sow virtue ; evil companions help us to sow vice. ....

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