

<<心灵的回归>>

图书基本信息

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### 内容概要

《心灵的回归：北京的未来在你我手中（英文版）》讲述了九个不平凡的北京人的故事，介绍了他们所做的努力、他们的热情，并阐释了为什么中国的智慧和价值观与北京可持续发展的未来是相互紧密联系的。

新中国能否创建生态文明将取决于这些人。

本书记录了作者与这些北京人的对话，这也是中国思想与西方思想就人与自然的关系展开的一场对话。

本书表明，发自内心的对话，无论是公开的还是私下的，都将创造一种切实的协作，也是为北京构建可持续社会提供了途径。

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## 章节摘录

版权页：插图： We can learn something from how the Red Army developed its relationship with the farmers, which was to work, eat and live together with them but refuse to take anything from them. (Armies in the past had always ravaged the farms.) We had a better way to doing things back then like "borrow the wind" (to know when your own knowledge is not enough) and "to borrow the prevailing wind" (change strategies according to facts on the ground). The army gathered the support of the peasants. It was an effective plan of action. We need to think from the point of view of others. Then we can see how to move forward. Everyone needs to consider what the villagers want, instead of telling them what to do to become successful. This is the start of good communication. For example, my students at CAU and researchers at Henan University needed to find places to do fieldwork during summer vacations. Leaders of villages always ask me to invite such students. We have had some 50 students working in Yuanlou, Sanshi, Woshen and Zhanzhuang villages. Research is the basic work of county-village cooperation. It needs to "start from what the villagers know, and be about how to help change what they have," James Yen said. What do farmers know? What do they have? These answers should be in the research. Every morning, under my direction, students do research with family members in the village. They observe the local governance, ecological resources, market system, social ethics and cultural beliefs. Since the research of the objects are human beings we should respect their feelings and ways of thinking. Especially since they are the most disadvantaged group in society, researchers have to double their respect and good-will first. Then the farmers will be more willing to take part in the research and not be so reticent.

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媒体关注与评论

Recovery of the Heart inspires by showing us what is possible when people are dedicated to a dialogue with each other and with the earth. Stephanie expands and deepens our sense of what it means for people and place to live in ecological partnership. It is often small groups of committed people who lead the way for our world.

Glenna Gerard — International personal and professional dialogue consultant and co-author of Dialogue : Rediscover the Transforming Power of Conversation. China used to be eternally fused with its history. With the tremendous change in China , people feel lost and wonder if they can slow down and lead a sustainable life. Reading this book will instill a desire to turn to nature again for wisdom and a future worth living for.

—Zhao Peng Nature Conservation Practitioner The Nature Conservancy I'm particularly impressed by the straightforward honesty , the willingness to look tremendous obstacles in the eye , and the persistence in nonetheless "doing the right thing" no matter what , exhibited by all of them. This is important stuff for people to know about. To get a taste of what the people are like in China who are doing it. Marvelous. —Nancy Hodes , PhD Professor of Chinese Language and Culture, Soka University of America

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### 编辑推荐

《心灵的回归:北京的未来在你我手中(英文版)》以对话的形式写成,一部分是作者和各个北京人的谈话内容,另一部分则为中国和西方建立了一个交流的桥梁,共同探讨、理解人与自然的关系。

《心灵的回归:北京的未来在你我手中(英文版)》意在以对话的方式,以北京人自身的经历为事例,促进北京可持续发展社会的建设。

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