

<<每天用英语读点生活时尚>>

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## <<每天用英语读点生活时尚>>

### 内容概要

优雅而精致的生活是门艺术！

生活中有无数的奥妙等待我们去参透，本书从贴近每一个人生活的现实入手，让你“通往”缤纷多彩的生活。

这里有理财之道，有健康妙招，有育儿经验，有时尚典范，有心理解密，有社交攻略，有职场秘技...  
...立即行动吧，每天用英语读点生活时尚元素，每一种元素都值得你去阅读，去欣赏，去省思。

不知不觉间你会惊奇地发现，生活的风景竟然如此美丽！

<<每天用英语读点生活时尚>>

书籍目录

Chapter 1 Smart Ways to Make Us Healthy

健康之道

- 1.1 Laugh for the Health of It 一笑治百病 2
- 1.2 How Much Water Should I Drink Daily? 每天喝多少水更合适?  
4
- 1.3 How Can I Whiten My Teeth at Home? 美白牙齿的小秘方 7
- 1.4 The Most Relaxing Colors 最令人放松的颜色 10
- 1.5 Walk in High Heels 穿高跟鞋走路 12
- 1.6 What Determines What Blood Type a Person Has? 哪些因素决定了血型?  
15
- 1.7 What Are the Health Benefits of Prune Juice? 西梅汁的保健疗效 17
- 1.8 Coffee, Tea Linked to Lower Risk of Kidney Cancer  
喝茶和咖啡有助于预防肾癌 20
- 1.9 Emotionally Support Your Pregnant Wife 从情感上支持怀孕的妻子 22
- 1.10 Will Walking Help Me Lose Weight? 步行能否减轻体重?  
25
- 1.11 Can I Lose 10 Pounds in a Week? 一周内能减掉10磅体重吗?  
27
- 1.12 What Is Acidophilus? 何为乳酸菌?  
30
- 1.13 Take Care of Your Newly Pierced Ears 小心照顾新穿的耳洞 33
- 1.14 What Are Some Natural Laxatives? 天然通便剂 35
- 1.15 Is Green Jasmine Tea Good for You? 喝茉莉花茶好吗?  
37
- 1.16 How to Make Instant Noodles Nutritive? 方便面该怎么吃才有营养?  
40
- 1.17 Why Shouldn't Infants Eat Honey? 为什么婴儿不能吃蜂蜜?  
42
- 1.18 Fallacies about Food 关于饮食的几种错误观点 44
- 1.19 Is It Bad to Drink Cold Water? 喝冷水好不好?  
47
- 1.20 How Can I Lose a Beer Belly? 怎样减掉啤酒肚?  
50
- 1.21 How Can I Get Rid of Dark Circles Under My Eyes? 如何消除黑眼圈?  
52

Chapter 2 Fashion Scan 时尚荟萃

- 2.1 An Office Wardrobe for Men 创建男士职业衣橱 56
- 2.2 An Office Wardrobe for Women 打造女士职业衣橱 58
- 2.3 Girls Love Bad Guys 男人不坏女人不爱 60
- 2.4 The Most Flattering Earrings for Your Face Shape 适合脸型的耳环  
62
- 2.5 High Heels Appropriate for the Office 适合办公室穿着的高跟鞋 65
- 2.6 A Classic Fit White Cotton Shirt 白色衬衣如何穿出品位 67

<<每天用英语读点生活时尚>>

- 2.7 What to Wear to a Wedding? 参加婚礼穿什么? 68
- 2.8 How to Choose Swimsuit? 穿什么泳装才够潮? 71
- 2.9 Golf: There's Nothing Like It! 高尔夫——无与伦比的运动 73
- 2.10 What Is 3G Service? 何为3G服务? 75
- 2.11 What Is Wi-Fi? 什么是Wi-Fi? 78
- 2.12 What Is the Difference Between Wi-Fi and Wireless Internet?  
Wi-Fi和无线网络的区别 80
- Chapter 3 Raise a Child & Get a Better Life  
生活&育儿
- 3.1 How to Remember Your Dreams 帮助你回忆梦境 84
- 3.2 Magical Effects of Vinegar (1) 醋的妙用(上) 87
- 3.3 Magical Effects of Vinegar (2) 醋的妙用(下) 89
- 3.4 The Da Vinci Sleep Schedule 达芬奇睡眠法 91
- 3.5 Encourage Your Husband to Help Around the House 鼓励老公帮忙做家务 93
- 3.6 Health Diet Means Better School Performance 饮食健康的孩子成绩优异 96
- 3.7 The Best Time of Day to Water the Garden 浇灌花园的最佳时间 98
- 3.8 Uses for Orange Peels 橘皮的妙用 100
- 3.9 Magical Effect of Apple Peel 苹果皮的妙用 103
- 3.10 Best Flowers to Buy for Your Girlfriend 买给女朋友的花 105
- 3.11 Homeowners' Association 业主协会 108
- 3.12 Townhouse 联排别墅 111
- 3.13 How Much Does It Cost to Raise a Child in the United States?  
在美国抚养一个孩子的费用 113
- 3.14 Help Your Child to Sleep Through the Night 帮助孩子安睡整晚 116
- 3.15 Should Your Child Have a Television in His Room?  
孩子的房间该放电视吗? 119
- Chapter 4 Simple Tips for Attaining Wealth 理财有术
- 4.1 Different Types of Financial Services 金融理财的不同类型 122
- 4.2 Social Security 社会保险 124
- 4.3 Social Security Card 社会保险卡 127
- 4.4 Pension Plan 退休金计划 129
- 4.5 Different Types of Federal Grants 联邦补助金的不同形式 132
- 4.6 How Do I Get a Personal Loan? 如何获得个人贷款? 134
- 4.7 How Can I Buy Stocks Without a Stock Broker? 不用经纪人, 如何买股票? 137
- 4.8 Why Does the Price of Gold Rise and Fall? 金价涨跌不定, 原因何在?

<<每天用英语读点生活时尚>>

- 139
- 4.9 Different Types of Investment Funds 投资基金的不同类型 141
- 4.10 Financial Derivatives 金融衍生品 144
- Chapter 5 Good Attitude, Enjoy Popularity  
心理&社交
- 5.1 Separation Anxiety 世上只有妈妈好，太黏妈妈好不了 148
- 5.2 Attachment Disorder 培养宝宝的独立感 151
- 5.3 Good Sleep, Good Life 做个睡美人 154
- 5.4 Nurturing Feelings of Self-Worth in Children 帮助孩子建立自尊 156
- 5.5 Postpartum Depression 打造快乐妈妈 160
- 5.6 Eating Disorder Treatment and Recovery 填补了食欲，埋葬了自己 162
- 5.7 Take Control: Five Steps to Having a Great Day 通往快乐的5个台阶  
165
- 5.8 Safeguard Your Happiness with Stress Relievers 压力防身术，你几级功力？
- 168
- 5.9 Too Happy Make People Die Young 太快乐容易早死 171
- 5.10 Business Card Etiquette 方寸名片，礼仪尽显 173
- 5.11 Ten Effective Ways to Remember Names 记住他人名字的10种有效技巧 175
- 5.12 Proper Etiquette for Business Instant Messaging 妙用商业即时通讯  
178
- 5.13 Effective Email Etiquette 巧用电子邮件 180
- 5.14 7 Gifts You Should Never Give to Your Boss or Co-Workers  
7种不宜送给老板和同事的礼物 183
- Chapter 6 Job Dos and Don'ts 职场大观
- 6.1 Career Planning 未雨绸缪，职业规划 187
- 6.2 Six Ways to Fit in When You're the Youngest Person in the  
Room  
六条必杀技保你顺利融入团队 190
- 6.3 Eight Things That Can Increase Your Salary 八招教你加薪水 193
- 6.4 Holiday Office Party Dos and Don'ts 假日派对中的“要”和“不要” 196
- 6.5 Eight Tips to Help You Make a Great Impression  
让你惊鸿照影的八条锦囊妙计 199
- 6.6 How to Answer the Phone like Professionals 如何像专业人士一样接电话  
202
- 6.7 Holiday Gifts for the Boss 送礼有学问 203
- 6.8 The Three Magic O'S 神奇的职场“三O” 206
- 6.9 9 Signs You Are About to Get Fired 身临解雇危机的九种重要迹象 208
- 6.10 New Job, Same Firm: How to Avoid Pitfalls 顺利通过职场“雷区” 211
- 6.11 What Are the Highest Paid Professions Worldwide? 报酬最高的专业人士  
213
- 6.12 What Is a Public Relations Specialist? 什么是公关？  
215
- 6.13 What Does a Financial Analyst Do? 金融分析师到底做什么？  
217
- 6.14 How Do I Get an Interpreter Certificate? 怎样才能得到翻译证书？

219

6.15 What Does a Political Scientist Do? 政治学者是什么人？

222

编辑推荐

最令人放松的颜色通常被认为是诸如绿和蓝的冷色调。

根据职场着装规则，实用的男士职业装包括一套优质西装、考究的衬衫、长裤、深蓝粗斜纹布牛仔裤、休闲衬衫、一件精致的毛衣和一件做工良好的外套。

如果你正在减肥，可以每天多喝水。

多喝水可以帮助把体内的毒素带走。

橘皮的另一个用处是使空气清新。

把橘皮、肉桂枝，柠檬皮和花瓣混合在一起，放在盛水的煨壶里，水蒸气会带出百花香气，空气变得异常芳香。

英文快充电——扔掉深奥，只留实用！

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