

<<The \$1 Million Reason to Change Your Mind 改变观念即可改变生活>>

图书基本信息

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<<The \$1 Million Reaso>>

内容概要

Motivational speaker and author Pat Mesiti states in his new book that being rich is a state of mind. To get there, you have to take five steps: You need to become aware of how you think and why you think the way you think. Once you 've developed this awareness about your thinking, you are in a position to change how you think. If you change your thinking, it will change how you feel. If you change your feelings, it will change how you act. If you change your actions, it will transform your level of prosperity. The book 's simple message is illustrated via the author 's personal examples of how he 's helped people around the world change their mindsets and subsequently turned their lives around. Packed with inspirational quotes and stories, and written in a friendly and humorous tone, this book will appeal to people across many walks of life.

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