

<<Chicken Soup for the>>

图书基本信息

书名：<<Chicken Soup for the Teenage Soul II 心灵鸡汤>>

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作者：Canfield, Jack; Hansen, Mark Victor; Kirberger, Kimberly

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内容概要

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Teenage Soul II offers more inspiring stories to help you master the game we call life. Today's teens have ever more issues and social pressures to juggle than young adults just 20 years ago.

This book, like its predecessor, can be your guide - a beacon in the darkness, a safe haven in a storm, a warm hug in the cold and a respite from loneliness. There's no preaching as to what you should and shouldn't do. Instead, this book is full of teens sharing their experiences on learning to accept like, becoming the best person you can be, being happy with who you are, and loving yourself - no matter what.

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作者简介

Jack Canfield is the #1 New York Times and USA Today best-selling author of the Chicken Soup for the Soul series. He is a professional speaker who has dedicated his life to enhancing the personal and professional development of others.

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A Cool Drink of Water Camden Watts

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Who Is Jack Canfield?

Who Is Mark Victor Hansen?

Who Is Kimberly Kirberger?

Contributors

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