

<<高血压>>

图书基本信息

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内容概要

This "how" to manual in hypertension presents concise, practical, up-to-date information on the diagnosis and management of hypertension with emphasis on current drug therapies. Generous use of tables, charts, bulleted information, and figures make this both a timely and easily accessible volume.

书籍目录

Section I. General Evaluation of the Hypertensive Patient 1. Initial Evaluation of Blood Pressure 2. The Use of Home Blood Pressure Monitors in Practice 3. Urine Microalbumin: For Diabetics Only?Section II. Target Organ Evaluation in the Hypertensive Patient 4. Evaluation of Cardiac Structure and Function 5. Assessment of Renal Function in Hypertension 6. Renal Artery Occlusive Disease in Hypertension 7. Carotid and Peripheral Vascular DiseaseSection III. Screening and Diagnosis of Selected~Secondary Causes of Hypertension 8. Sleep Apnea: The Not So Silent Epidemic 9. Primary AldosteronismSection IV. Management of Hypertension: Goals and Objectives 10. Treating to Goal Blood Pressure 11. High Normal Blood Pressure 12 Patient-related Barriers to Hypertension Control 13. Hypertension Control: Focus on Providers 14. Culturally Congruent Medical CareSection V. Lifestyle Approaches: Translating Research into Practice! 15. Promoting Lifestyle Modification in the Office Setting 16. Dietary Cations and Hypertension 17. Nutrition, Dietary Supplements, and Nutraceuticals in Hypertension 18 Comorbid Depression and Hypertension-related Chronic Medical Conditions 19. Management of Obesity 20. Physical Activity for Patients with Hypertension 21. Behavioral Approaches in Blood Pressure Reduction.....

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