

<<爱情美食>>

图书基本信息

书名：<<爱情美食>>

13位ISBN编号：9781407534046

10位ISBN编号：1407534041

出版时间：2008-12

出版时间：Parragon Book Service Ltd (2008年5月1日)

作者：本社 编

页数：80

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

## 内容概要

Preparing and cooking delicious, irresistible dishes is an art, but that doesn't mean it has to be difficult. Each book in this series is beautifully illustrated and presented to help you make the perfect dish every time. Almost every cuisine has its own selection of fish dishes, from British and Mediterranean menus to Asian and Indian cooking. Fish offers a tasty, nutritious meal as it is low in fat and high in protein, and provides an excellent source of omega 3 fatty acids. This book is essential reading for every fish connoisseur and provides guidance on the health benefits associated with eating fish. With fabulous photography and easy-to-follow step-by-step recipes, Fish Dishes will introduce you to delicious and effortless fish recipes for everyday eating or entertaining.

<<爱情美食>>

书籍目录

Introduction Little Bites & Bowls Classic Catches Simply Shellfish Spicy Treats Index

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>