

<<每日一道中餐 Everyday Chi>>

图书基本信息

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内容概要

The Chinese consider cooking to be an art, rather than a necessary chore, and this is perhaps the reason that Chinese food is beautiful to look at as well as delicious to eat - and very popular with almost everyone! It is remarkably quick and easy to prepare at home, and because most dishes are cooked very rapidly, the ingredients retain a freshness and texture that cannot be beaten. This book has a selection of the best traditional Chinese recipes to inspire you - just add chopsticks! 112 authentic and delicious recipes; Brief introduction to each chapter on the traditional use of ingredients; A clear and easy-to-follow ingredients list and method for each recipe to ensure a perfect result; Inspiring photography of each recipe to set your taste buds tingling.

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