

<<Love food- easy Vege>>

图书基本信息

书名：<<Love food- easy Vegetarian 爱情美食>>

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内容概要

Tempt your taste buds with hearty and satisfying vegetarian fare. Fill up and feel good with meat-free food. A vegetarian diet is by its very nature, healthy and nutritious and a great way to include a variety of fresh and flavoursome vegetables in your meals without having to try too hard! Impress your friends and family with the creative and delicious recipes inside this book,

书籍目录

IntroductionSoups & StartersSnacks & Light MealsMain DishesSide DishesIndex

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