

<<YOUR GENETIC DESTINY>>

图书基本信息

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### 内容概要

Much in the news, inherited disease and genetic testing are complex and confusing issues that leave most people asking "So, what can I do with this promising information?" A powerfully helpful and authoritative guide, *Your Genetic Destiny* has the answers. From what tests to have taken to what the results mean and when further genetic counseling is in order; from what foods to avoid to which medications to take and what other medical options are available, world-renowned geneticist Aubrey Milunsky demonstrates how knowledge of our genetic makeup can save our lives. Covering heart disease, hypertension, cancer, diabetes, mental illness, Alzheimer's disease, obesity, longevity, and infertility, *Your Genetic Destiny* is the most comprehensive, compassionate, and informed guide available for all concerned about the risks of inherited disease.

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### 作者简介

Aubrey Milunsky, M.D., D.Sc., is Professor of Human Genetics, Pediatrics, Obstetrics and Gynecology, and Pathology at the Boston University School of Medicine. He is the author or editor of twenty-one books and over 350 scientific papers.

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