

<<营养支持>>

图书基本信息

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### 内容概要

This portable, practical reference is designed to fill the need for primary care and clinical nutrition information for nurse practitioners within various specialty areas such as adult, family, pediatric, and acute care. It addresses the fundamentals of nutritional care including nutritional assessment, identifying risk factors, determining nutrient requirements, and selecting appropriate intervention. Life cycle nutrition, functional elements of nutrition support, pharmacologic considerations, trends in nutritional care, and nutritional considerations in specific disease states are also covered.

书籍目录

UNIT I Fundamentals: Baseline Nutrition in Healthy States1 Pregnancy and Lactation Importance of Prenatal Nurtition Nutritional Needs Before Conception Optimal Weight Gain During Pregnancy Energy Needs of Pregnant Women Nutritional Requirements During Pregnancy Dieting During Pregnancy Vegetarian Pregnancy Exercise Adolescent Pregnancy Substances to Avoid During Pregnancy Food Safety During Pregnancy Common Problems of Pregnancy With Nutritional Implications Complications of Pregnancy The Lactating Woman2 Infants Toddlers and Preschool Children Nutrition During Infancy Transitions in Infant Feeding Toddlers and Preschool Children3 School-Age Children and Adolescents Social and Environmental Influences Nutritional Requirements Meal Patterns and Trends in Eating Habits Nutritional Issues and Concerns.....UNIT II Nutrition and IllnessUNIT III Oral NutritionUNIT IV Enteral NutritionUNIT V Parenteral NutritionUNIT VI Pharmacologic considerationsUNIT VII Nutritional Considerations in Specific

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