

<<母乳喂养>>

图书基本信息

书名：<<母乳喂养>>

13位ISBN编号：9780323028233

10位ISBN编号：0323028233

出版时间：2005-2

出版时间：Elsevier Science Health Science div

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页数：1152

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## 内容概要

The completely revised and updated New Edition of this trusted text delivers complete, authoritative, evidence-based information on all of the scientific and clinical topics related to breastfeeding from basic data on the anatomical, physiological, biochemical, nutritional, immunological, and psychological aspects of human lactation...to guidance on a full range of problems in clinical management. Written by a pioneer in the field of human lactation, the 6th Edition has been revised from cover to cover to include information on new drugs and herbal products, infections, and much more. Provides the basic tools of knowledge and experience to enable readers to provide thoughtful guidance to the breastfeeding mother that is most applicable to her circumstances, problems, and lifestyle. Features a wealth of references from the most recent studies. Integrates evidence-based data with practical experience. Offers complete coverage of anatomy and physiology \* the composition of human breast milk \* guidance on lactation management \* equipment, pumps, and other devices \* contraindications to breastfeeding \* and much more. Provides an extensive new section on gigantomastia, a relatively new entity that is now being seen more frequently. Presents new discussions of infections and infectious diseases in both the mother and infant. Delivers updated information on drugs and lactation including newly approved medications, over-the-counter medications, and herbal remedies. Features 2 new chapters: Problems Associated with the Nipple, Areola, and Breast Itself and The Premature Infant and Breastfeeding.

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1. Breastfeeding in modern medicine  
2. Anatomy of the human breast  
3. Physiology of lactation  
4. Biochemistry of human milk  
5. Host-resistance factors and immunologic significance of human milk  
6. Psychologic impact of breastfeeding  
7. Making an informed decision about infant feeding  
8. Management of the mother-infant nursing couple  
9. Diet and dietary supplements for the mother and infant  
10. Weaning  
11. Drugs in breast milk  
12. Normal growth failure to thrive and obesity in the breastfed infant  
13. Maternal employment  
14. Breastfeeding the premature infant  
15. Breastfeeding the infant with a problem  
16. Medical complications of the mother  
17. Transmission of infectious diseases through breast milk and breastfeeding  
18. Human milk as a prophylaxis in allergy  
19. Induced lactation and relactation (including nursing the adopted baby) and cross-nursing  
20. Reproductive function during lactation  
21. The collection and storage of human milk and human milk banking  
22. Breastfeeding support groups and community resources  
23. Educating and training the medical professional

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